

## Project Connect

The purpose of this study is to learn how online programs can give grandmothers and their teenage grandchildren information and skills to improve health and well-being.



## Project Connect

An Online Program for  
Grandmothers and Their  
Teenage Grandchildren

### CONTACT US



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## What will you do?

### Watch Online Video Clips

- Tips for living healthy and happy
- 2-10 minute videos

### Answer Questions

- Tell us how the videos relate to your life

Try it out with Family and Friends!

### Take 5 Online Surveys

1. Before watching the online videos
2. After watching all 7 video modules
3. 3 months later
4. 6 months later
5. 9 months later

You may also be selected to complete short daily surveys 14 days before and after watching the online videos or share your thoughts about the videos over the telephone.

- Daily Surveys: \$126
- Telephone Q&A: \$30

## Benefits of Participating

1

### Amazon Fire Tablet

Your family will receive 1 Amazon Fire tablet to use during the study. You can keep it even after you are done.

2

### Monetary Payments (\$150)

1. Video Module 1 (\$15)
2. Video Module 3 (\$15)
3. Video Module 5 (\$20)
4. Video Module 7 (\$20)
5. Survey 2 (\$20)
6. Survey 3 (\$20)
7. Survey 4 (\$20)
8. Survey 5 (\$20)

3

### Raffle Drawings

Grandmothers and Grandchildren who complete surveys and video modules at a similar pace will earn tickets for 2 separate raffle drawings.

Prizes are about \$300 each and include:

- Beats wireless headphones
- Nintendo Switch
- Relaxation package

## More Information & FAQs

### Other Benefits

- Participate with other families like yours from all over the USA!
- Doing this study could help you and your family lead healthier and happier lifestyles.
- Your participation will help us to see if Project Connect will be helpful to other families like yours in the future.

### Can I Participate Alone?

- Both of you will need to participate in the study but you should complete everything independently.

### Will our Information be Secure?

- No one beyond Project Connect staff will know your answers or have access to your information (not even your family members).



If you have any questions or want more information about this study, call us toll-free at  
**1-855-260-2433**