

Who Is A Family Peer Support Specialist?

- A legal caregiver(parent, guardian, relative with permanent custody) of a child living with behavioral health challenges .
- Experienced in navigating systems of care in Ohio for at least one year.
- Partners with families, youth, professionals, and other community members, in order to plan and implement services..
- Supports family strengths in problem-solving and solution seeking.
- Knowledgeable of community resources.
- Accepts direction, guidance and assignments made by supervisory and/or treatment team.



For more information and to schedule training for your agency, contact:

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NAMI Ohio Certificate Trained Family Peer Support Specialist





NAMI Ohio Family Peer Support Specialist Training:

- ❖ Ensures that those employed in Ohio as Family Peer Support Specialists meet the high standards of performance.
- ❖ Creates uniformity of core competencies of practitioners.
- ❖ Ensures professional development, continued education and supervision.
- ❖ Advances uniform standards, scope of practice and best practice.
- ❖ Promotes ethical practice within the profession.
- ❖ Encourages cultural sensitivity and cultural competency within Family and professional partnerships.
- ❖ Instills confidence with the families served.

Family Peer Support Specialists, also known as Parent Support Professionals, Parent Navigators, Family Mentors and Parent Peer Support Specialist, offer a wide range of assistance and support, customized to meet the needs of the families they serve.

Family Peer Support Specialists Offer:

Emotional connection of people who have “been there”

Informational and educational support on systems and strategies;

Assistance for Families as they develop positive approaches and methods for addressing their family’s day-to-day needs, including their own needs for self-care;

Concrete provision, such as help arranging child care or transportation, finding housing etc.

Hope, as families look to the future in a realistic way

“My family was involved in a variety of services with our Family and Children First council, and wrap around community. Once I began to work with a Family Peer Supporter, I felt that I had a person in my corner who understood and worked just for me and my family. It made a huge difference. I learned how to be a voice for my family, she helped me educate myself so I had a knowledgeable voice at the systems of care table. She was compassionate and understanding because she had gone through exactly what I was going through.”

Pamela